

# T8.RUN CHALLENGE '21

1ST OCT- 31 DEC 2021  
8 MINS 8.8 KM 8 HOURS

**SIGN UP  
TODAY!**



RUN OUT 2021 WITH A PERSONAL BEST  
CHOOSE 8 MINUTES, 8.8 KM OR 8 HOURS  
AND SEE WHAT YOU CAN ACHIEVE!

FREE REGISTRATION ENTRY FEE  
SOLO ONLY  
T8 PRIZES FOR OVERALL TOP WINNERS  
FOR EACH CATEGORY



## FREE ENTRY - T8.RUN CHALLENGE '21

The time is now to set a T8 running goal for yourself! Max your distance in the 8 MIN run , run your fastest 8K, or max out your distance over 8 HRS. All 3 categories have unlimited PB attempts and we have some great T8 prizes available!

### T8.RUN CHALLENGE '21 RACE CATEGORIES - REGISTER [HERE](#).

**Race #1:** 8 MIN - Run your farthest 8 MIN personal best before 11:59pm 31 Dec 2021 and join the leaderboard automatically. Unlimited PB attempts. RUNNING TRACKS LENGTH 800M OR LESS ARE NOT PERMITTED FOR THIS CHALLENGE.

**Race #2:** 8 KM - Run your fastest 8KM before 11:59pm 31 Dec 2021 and work your way up the rankings. Unlimited PB attempts. RUNNING TRACKS LENGTH 800M OR LESS ARE NOT PERMITTED FOR THIS CHALLENGE.

**Race #3:** 8 HRS - Run as far as you can in 8 hrs all in one go, before 11:59pm 31 Dec 2021. Unlimited PB attempts in September. RUNNING TRACKS LENGTH 800M OR LESS ARE NOT PERMITTED FOR THIS CHALLENGE.



# T8.RUN 2021

All HK, MO, SG finishers will be entitled to a personally engraved Victorinox 582 Nail Clip/Tweezer/toothpick sponsored by Victorinox Hong Kong. Engraving is free in shop and you'll also enjoy a 15% Victorinox Shopping Discount\*.

*\* Limited edition, new launch and discounted items are not eligible for this offer.*

**Redemption period: 1 – 31 Jan 2022. LIMIT OF ONE VX AWARD PER EVENT.**

**REGISTER FOR T8.RUN CHALLENGE '21**





## T8.RUN CHALLENGE '21



# PODIUM PRIZES T8.RUN CHALLENGE '21

## Top Overall Solo Male & Female - 8 Minutes

- 1st - Sherpa Shorts v2 + Commandos Running Underwear + Sherpa Flask
- 2nd - Commandos Running Underwear + Sherpa Flask
- 3rd - Commandos Running Underwear

## Top Overall Solo Male & Female & Teams - 8 KM

- 1st - Sherpa Shorts v2 + Commandos Running Underwear + Sherpa Flask
- 2nd - Commandos Running Underwear + Sherpa Flask
- 3rd - Commandos Running Underwear

## Top Overall Solo Male & Female - 8 Hours

- 1st - Sherpa Shorts v2 + Commandos Running Underwear + Sherpa Flask
- 2nd - Commandos Running Underwear + Sherpa Flask
- 3rd - Commandos Running Underwear

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## ENTITLEMENTS T8.RUN CHALLENGE '21

1. All HK, MO, SG finishers will be entitled to a personally engraved Victorinox 582 Nail Clip/Tweezer/toothpick sponsored by Victorinox Hong Kong.
  - Engraving is free in shop and you'll also enjoy a 15% Victorinox Shopping Discount\*. **LIMIT OF ONE VX AWARD PER RUNNER PER EVENT.**
  - *\* Limited edition, new launch and discounted items are not eligible.*
2. 15% RACE CREDIT BACK ON ALL MILESTONE GEAR, ALTRA OLYMPUS 4.0 & T8.RUN GEAR ON SHOPAND.RUN FOR ALL PARTICIPANTS.
3. ONE FREE MONDAY NIGHT HIIT TRAINING SESSION. 730PM TAMAR PARK.
  - a. EN LEAFLET - <https://my.runnerreg.com/pdf-tgr-training>
  - b. 中文 LEAFLET - <https://my.runnerreg.com/pdf-tgr-training-cn>
4. E-BIB - AUTOMATICALLY GENERATED FOLLOWING REGISTRATION.
5. DAILY COMPLETION CERTIFICATE, AUTOMATICALLY UPDATED.
  - a. FINAL EVENT FINISHER CERTIFICATE WITH RANKINGS. HARD COPY WILL BE SENT TO THE TOP 3 FINISHERS IN EACH VERTICAL CATEGORY.
6. **20% OFF @GONE RUNNING** OFFER ON THE FOLLOWING BRANDS:
  - BIX HYDRATION, GIPRON PROFESSIONAL TRAIL POLES, TAILWIND, T8.RUN, FRACTEL PERFORMANCE HEADWEAR, CRAMPFIX, SPRING ENERGY. 10% OFF - ALL OTHER MERCHANDISE AT GONE RUNNING.



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## EVENT RULES - T8.RUN CHALLENGE '21

- 1) **VENUE.** This race is virtual and can be completed anywhere outside. Indoor treadmill and outdoor track ( $\leq 800\text{m}$ ) running are not permitted for this event. Participants found to be using a treadmill or outdoor track will be disqualified.
- 2) **CATEGORIES.** There are 3 races in this challenge.
  - You can participate in 1, 2 or 3 of these races.Each time you run, your activity can only be reported to one race.
- 3) **RANKING.** All categories are ranked by the best finish times.
  - Ranking is by: open race category, gender, age group and nationality.
  - A maximum of one race attempt daily is permitted with the timer resetting at midnight.



4) PRIZES. Prizes will only be awarded to the open Solo Male & Solo Female race categories. See the prize table above.

5) TIMING. The RunnerReg App must be used for 8MIN and 8.8K categories. Attempts are automatically updated to the leaderboard. Your Strava activity may be submitted for the 8 HOUR race category. Practice mode available on the RunnerReg app.

**RunnerReg App on Apple iOS\***

<https://my.runnerreg.com/app>

**RunnerReg App on Google Play\***

<https://my.runnerreg.com/android>

6) BACKUP. Strava activities must also be kept as a backup to support your results and in case of any issues using the RunnerReg App.

- Runners must set their Strava activities for this event to “public” so all participants will have a fair visibility of results as/when needed.


7) CERTIFICATES. Daily completion certificates and end of challenge finisher certificates are automatically generated on RunnerReg.com. Just log into your account and go to My Races to download!

8) DATES. This event starts on 1 October 2021 at 12:00 am HKT and ends on 31 Dec 2021 at 11:59 pm HKT. All leaderboard results are automatic. Should any manual results submissions be required, they must be received by 1 Jan 2021 12:00pm.

- Final results + prizes will be announced the following week.

9) SAFETY. REMEMBER TO RUN WITHIN YOUR FITNESS ABILITY, RUN WITH A PARTNER WHERE PRACTICAL, SHARE YOUR LOCATION WITH A FRIEND AND BE SAFE!

 **RUN FOR A CAUSE!**

Choose bib 0001 - 0100 to donate HK\$100 to Exchange & Empower and support talented up and coming female trail running athletes from Nepal! We'll add a white heart to your runners bib and beside your bib number on the entry list and results page. Thank you for supporting a great cause! 

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## USEFUL LINKS FOR T8.RUN CHALLENGE 2021

[REGISTER](#)

[中文 OVERVIEW](#)

[RESULTS](#)

[ENTRY LIST](#)

[UPDATES](#)

[QUESTIONS](#)

[RunnerReg App on  
Apple iOS](#)

[RunnerReg App on  
Google Play](#)




Exchange  
and  
Empower

**SUPPORT**

**HELP SUPPORT YOUNG FEMALES IN NEPAL  
WITH OPPORTUNITIES TO TRAIN, RECEIVE  
EDUCATION AND BROADEN THEIR HORIZONS.  
RUN WITH A DONATION BIB TO SUPPORT!**

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**BEST YOURSELF WITH T8.RUN IN 2021!**